

How to Use:

Create your own class Wellbeing Tree display. Draw/Paint/cut out truck, roots and branches. Use templates of Leaves and petals provided or create your own.

Roots Connect

Ask children to write names of people they feel connected to e.g. Mummy, Uncle

Trunk Be Active

Ask children to write/draw lots of ways to be active e.g. scoot, cartwheel

Branches Keep learning

Ask children to write/draw something they are learning how to do e.g. tie my laces

Leaves Take Notice

Ask children to write/draw a way to be mindful e.g. listen to birds singing

Petals Give

Ask children to write/draw something they are grateful for e.g. friend, teddy..

The background of the slide features a dark brown, textured surface resembling soil. On the right side, there is a stylized illustration of a tree's root system in a light tan color, with roots extending downwards and outwards. The word "CONNECT" is prominently displayed in the upper left quadrant in a large, bold, white sans-serif font with a black drop shadow.

CONNECT

**Like the root system of a
healthy tree, deep and broad
connections will support
wellbeing**



BE ACTIVE

**Growing strong like the trunk
means being active**

TAKE NOTICE

**The detailed leaf
reminds us to take
notice and be present**



GIVE

**The flower from
the tree reminds
us to give**

